



aoUniv.-Prof. Dr. Christian Simhandl

Born on the 25th of September 1956 in Vienna, studied at the juridical and medical faculty at the University of Vienna. Graduation in medicine (M.D.) in 1980.

Training in psychiatry at the Department of Psychiatry, General Hospital of Vienna, University of Vienna under Peter Berner, finished in 1986.

Diploma in sports medicine 1986. Medical supervisor of the Austrian Squash Association for several years. Private office since 1987.

Numerous University courses in medical statistics and management.

Military service at the psychiatric outpatient service of the Austrian Army in 1989.

Diploma in medical psychotherapy in 1991. Diploma as Psychotherapist in 1991.

Head of acute psychiatric ward at the Psychiatric Department of the University of Vienna from 1991-1992. Since 1981 member of the Lithium outpatient service.

Head of the Lithium outpatient service 1989-1992 at the University Hospital in Vienna.

Director of the CNS department in pharmaceutical industry (Sept. 1992 to Dec 1993).

Head of the outpatient department of the University Clinic of Vienna January 1994-1996.

22nd March 1994 graduation as Ph.D., Associate Professor at the University Clinic of Vienna. 1996 till May 2000 Privat Psychiatric Office, consultation for several pharmaceutical companies, performing clinical trials.

Member of IGSLI (International Group of Studies in Lithium cohorts since 1988).

Secretary of the Viennese Society of Psychiatry and Neurology 1995-1999.

President of the Society for depression and anxiety research 1996- current.

President of the Austrian Society of Bipolar Disorder since 2004 (founder)

International Member of the American Psychiatric Association since 2004

Continuous research work in the area of long term treatment of bipolar disorders and in clinical studies for new drugs, manifold publications in journals, editor of 2 books on „Classification problems in Psychiatry“.

May 2000 – July 2008 Head of the Department of Psychiatry and medical Psychotherapy and Day Clinic at the General Hospital in Neunkirchen, Austria.

Bookauthor "Depression and Mania" in german Springer 2007

Personally performed several acute and long term clinical trials with lithium, carbamacepine, new antidepressant, anxiolytic, and new antipsychotic drugs.

Psychotherapy trainer in existential analysis and logotherapy.

Currently Privat Psychiatric Office in Wiener Neustadt and Hirtenberg.

Hirtenberg 2009
